

becoming an



Outdoors- Woman



*Tennessee Wildlife
Resources Agency*

**June 23-24-25, 2006
Clyde M. York 4-H Center
Crossville, Tennessee**

Sponsored by the Tennessee Wildlife Resources Agency

Becoming an Outdoors-Woman 2006

Becoming an Outdoors-Woman is a workshop primarily aimed at women, but is an opportunity for anyone 18 years or older to learn outdoor skills usually associated with hunting and fishing, but useful for many outdoor pursuits.

This workshop is for you, if....

- you have never tried these activities, but have hoped for an opportunity to learn.
- you are a beginner who hopes to improve your skills.
- you know how to do some of these activities, but would like to try your hand at some new ones.
- you are just looking for the camaraderie of like-minded individuals.

“Becoming an Outdoors-Woman” and the logo are copyrighted and protected by UWSP, and cannot be used without permission.

WORKSHOP SCHEDULE

FRIDAY, JUNE 23, 2006

1:00 - 2:00 PM Check In and Registration
2:00 - 2:30 PM Welcome and Overview
Donald Hosse, Program Coordinator

2:30 - 6:00 PM **SESSION I**

A. Introduction to Firearms and Firearms Safety

This course will cover the basic types of firearms, firearms safety, and the basics of selecting and purchasing firearms. Participants will then spend time shooting handguns and rifles at the range. Proper cleaning and storage of firearms will also be discussed.

B. Successful Fishing Skills

Instructors will offer hands-on instruction from choosing equipment to landing the fish. Fish filleting techniques will also be taught. Equipment for the session will be available, but participants are encouraged to bring their own.

C. Backyard Habitat

If your favorite backyard critters include birds, bats, or butterflies, this is the class for you. Learn the common species of birds and butterflies that inhabit your backyard, and the plants and flowers that attract them. Participants will have the opportunity to construct their own bluebird box and bird feeder. Learn what types of seed attract certain bird species and how to make your own suet. The ecological importance of bats to our environment will also be covered.

D. Basic Archery

Participants will learn the proper methods of fitting, selecting and using archery equipment for both field archery and bowhunting. An outdoor range and a possible interactive range will be set up for students to practice their shooting skills and techniques.

E. Wild Edible Foray

You won't rival the wild edible skills of Eull Gibbons after this workshop but you will be able to quench your thirst without liquids and consume hemlock without dying. Join Pandy English, TWRA biologist and professional naturalist for over 20 years, for a wild edibles foray through the fields of the Cumberland Plateau.

F. Boating Safety Education

Students will receive information on knowing your boat, getting underway, operating safely, legal requirements, boating emergencies and enjoying water sports. After the course is taught, an exam will be offered. Upon passing the exam, students will receive certification that they have complied with the state boater education law. Students must purchase a Type 600 Boating Safety Exam Permit from a license agent prior to the course and present the receipt before the exam is given.

G. All-terrain Vehicle Operation

Learn the proper and safe way to ride all-terrain vehicles with as little environmental impact as possible. Instructors will help you navigate through an off-road course that simulates likely outdoor terrain.

H. Reading the Woods

On a guided nature trail, participants will use all their five senses to explore and learn more about the natural world. Plants will be investigated and animals and their homes will be found. These clues and more will reveal what's happening in the woods.

6:45 PM Dinner
7:30 - 8:45 PM Announcements/Get Acquainted/
Special Program
9:00 PM Free Time - Take a stroll, socialize,
read a book or just relax

SATURDAY MORNING, JUNE 24, 2006

7:30 AM Breakfast
8:15 - 11:30 AM **SESSION II**

I. Introduction to Firearms and Firearms Safety
(Repeat of Class A)

J. Reading the Woods
(Repeat of Class H)

K. Nature Photography Basics

This class emphasizes photo composition, including techniques useful for both film and digital cameras. The class also discusses photography gear. We will follow up the class room session with an outdoor photo session. Please bring your cameras, manuals and other photo gear.

L. Dutch Oven Cooking

Learn the basics of primitive campfire cooking from a professional Colorado outfitter cook. From the proper techniques for campfire construction to the simple ingredients needed, students will gain new ideas for back country cooking. The participants will take an active part in preparing and tasting these delicious dishes.

M. Basic Archery

(Repeat of Class D)

N. Basic Canoeing

Students will learn the different types of paddles and canoes and how to use them. The class will include instruction in safety techniques important to canoeing. Participants will dip their paddles in the water of the lake at the 4-H Center for actual on-water experiences.

O. Map and Compass

Participants will learn how to navigate the woods using a map and compass. Besides its usefulness for hunting and other outdoor activities, this skill is becoming a popular recreational activity in its own right.

P. All-terrain Vehicle Operation

(Repeat of Class G)

12:00 Noon LUNCH

SATURDAY AFTERNOON, JUNE 24, 2006

1:30 - 5:00 PM **SESSION III**

Q. Map and Compass

(Repeat of Class O)

R. Cajun Cooking

Learn the secret spices and ingredients needed for a variety of Louisiana favorites. Some of the recipes will include red beans and rice, wild game gumbo and deep fried turkey. The participants will take an active part in preparing and tasting these fabulous dishes.

S. Basic Canoeing

(Repeat of Class N)

T. Beginning Flyfishing

Learn the basics of casting and fly presentation, types of flies, selection of equipment, and basic knowledge and understanding of flyfishing. Participants are encouraged to bring their own equipment, but equipment will be provided.

U. Introduction to Deer Hunting

This course will greatly increase your chances of viewing or bagging Tennessee's most sought after big game animal. Some of the topics covered will be equipment and techniques for stand and still hunting, and overcoming the problems associated with getting closer to deer. Information presented in the course will make your deer hunting or deer viewing experiences more enjoyable, more productive and more informative.

V. Backyard Habitat

(Repeat of Class C)

W. Basic Shotgun

Participants will have an opportunity to practice shotgun techniques, with an emphasis on hunting and shooting sports. Class A, hunter education, or significant shooting experience is a prerequisite.

6:00 - 6:30 PM Social Time
7:30 - 9:00 PM Outdoor Fashion Show

SUNDAY, JUNE 25, 2006

7:30 AM Breakfast

8:30 - 12:00 PM **SESSION IV**

X. Introduction to Muzzleloading

Participants will learn how to load and shoot a muzzleloader. Types of powder and projectiles used will be discussed and an opportunity to put these new skills to use on the firing range will be offered as you learn to use these fascinating firearms. Class A of Session I, hunter education, or significant shooting experience is a prerequisite.

Y. Introduction to Turkey Hunting

Wild turkey biology, habits, and food sources. Participants will have the opportunity to learn and practice calling techniques, as well as learning about equipment, camouflage, and clothing to improve their chances of seeing one of these magnificent birds.

Z. Dutch Oven Cooking

(Repeat of Class L)

AA. Beginning Flyfishing

(Repeat of Class T)

BB. Birdwatching

Learn the basic steps in becoming an adept birder. Plan to hike in the area to learn bird spotting techniques and learn birds by their calls. Bring binoculars, pad and pencil, and a bird book (if you have one). This class will start at 6:30 A.M. A light breakfast will be provided.

CC. Advanced Land Navigation

Participants will learn advanced techniques of navigation and then try their skills in the field. The session will incorporate the use of GPS units in addition to a map and compass. You will need to have attended the Map and Compass class or at least have a general understanding of orienteering.

DD. Stream Ecology

Students will learn about water quality and its importance by collecting fish, salamanders, aquatic insects, and plant material on a nearby stream. Physical and chemical parameters of the stream, lake, and surrounding area will be measured. Please be prepared to get your feet wet.

SOME TENNESSEE WORKSHOP SPONSORS

Tennessee Wildlife Resources Agency
Cumberland Transit
Federal Cartridge Company
Tennessee Scenic Rivers Association
National Rifle Association
Rocky Mountain Elk Foundation
Trout Unlimited
Shakespeare
Bass Pro Shop
Purity Dairies

NATIONAL SPONSORS

University of Wisconsin-Stevens Point College of
Natural Resources
Archery Trade Association
Federal Cartridge Company
Browning
Bass Pro Shops
Cabelas
National Rifle Association
Leupold
Rocky Mountain Elk Foundation
Pope & Young Club
National Shooting Sports Foundation
USFWS Federal Aid
National Wildlife Federation
Lodge Manufacturing
Lawry's
Pheasants Forever

Many TWRA programs receive Federal financial assistance in Sport Fish and/or Wildlife Restoration. Under Title VI of the 1964 Civil Rights Act, Section 504 of the Rehabilitation Act of 1973, Title II of the Americans with Disabilities Act of 1990, the Age Discrimination Act of 1975, Title IX of the Education Amendments of 1972, the U.S. Department of the Interior prohibits discrimination on the basis of race, color, national origin, age, sex, or disability. If you believe that you have been discriminated against in any program, activity, or facility as described above, or if you desire further information please write to: The Office for Human Resources, U.S. Fish and Wildlife Service, 4040 N. Fairfax Drive, Arlington, Virginia 22203.



Tennessee Wildlife Resources Agency, Authorization No. 328438, 750 copies, March, 2006. This public document was promulgated at a cost of \$.20 per copy.

REGISTRATION

Becoming an Outdoors-Woman

June 23-25, 2006

Only one person may register per form. Please photocopy for additional registrations. If you cannot attend but would like to be placed on the BOW mailing list, please fill out and mail in the form below.

Name _____ Email _____

Phone Day () _____ Evening () _____

Address _____

City _____ State _____ ZIP _____

The applicant, by signing below, recognizes that the program involves some risk and that she/he takes responsibility for any action or injury that may result by participating.

(Signature)

Concurrent Sessions: Please indicate your first (1), second (2), and third (3) choice in each of the four sessions

Session I

- ____ A. Intro to Firearms/Safety
- ____ B. Successful Fishing Skills
- ____ C. Backyard Habitat
- ____ D. Basic Archery
- ____ E. Wild Edible Foray
- ____ F. Boating Safety Education
- ____ G. ATV Operation
- ____ H. Reading the Woods

Session II

- ____ I. Intro to Firearms/Safety
- ____ J. Reading the Woods
- ____ K. Nature Photography Basics
- ____ L. Dutch Oven Cooking
- ____ M. Basic Archery
- ____ N. Basic Canoeing
- ____ O. Map and Compass
- ____ P. ATV Operation

Session III

- ____ Q. Map and Compass
- ____ R. Cajun Cooking
- ____ S. Basic Canoeing
- ____ T. Beginning Flyfishing
- ____ U. Intro to Deer Hunting
- ____ V. Backyard Habitat
- ____ W. Basic Shotgun

Workshop Fee: \$150—Includes lodging, meals and a Tennessee Hunting and Fishing License (see reverse side for information).

Your registration fee includes a BOW t-shirt. Please circle your size:

S M L XL XXL

\$_____ Total enclosed

Make checks payable to:

Becoming an Outdoors-Woman/TWRA

Registration is taken on a first-come, first-served basis. However, two weeks priority will be given to first-time participants.

Session IV

- ____ X. Intro to Muzzleloading
- ____ Y. Intro to Turkey Hunting
- ____ Z. Dutch Oven Cooking
- ____ AA. Beginning Flyfishing
- ____ BB. Birdwatching
- ____ CC. Advanced Land Navigation
- ____ DD. Stream Ecology

Upon receipt of your registration and payment, you will be sent a confirmation with a map to the Clyde York Center and a list of appropriate clothing. Demonstration equipment will be provided by the instructors. The 200-acre Clyde York 4-H Center at Crossville includes a basic barracks-style facility with shared baths. Cancellation deadline is June 1. Cancellations before June 1 will receive a refund, less \$30 for processing. Registrants who do not attend and do not cancel by June 1 will be assessed the full program fee. If any special dietary requirements or special needs are required, please give two weeks' notice.

Send enrollment form and fee to:

Becoming an Outdoors-Woman Workshop

c/o Tennessee Wildlife Resources Agency

P. O. Box 40747

Nashville, TN 37204

ATTN: Donald Hosse

Special needs accommodations (please state)

ENROLLMENT LIMIT 100.

REGISTER NOW!

WORKSHOP SPACES LIMITED!

